

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

<p><b>4</b> Beef Swedish Meatballs (DC) 4 EA Veg Beans Green (Steamed) 1/2 CUP Bread Whole Wheat Roll WGR 1 ea 1 EA Fruit Tropical Fruit 1/2 c 1/2 CUP Milk, 1% Gal 6 or 8 oz. 1 CUP Milk, Whole Gal. 1 CUP</p>	<p><b>5</b> Chicken Fajita's 2 OZ Cheese Shredded for Tacos .5 OZ Salad Tossed 1 CUP Wheat soft shell Taco 1 EA Fruit Orange 1 ea 1 EA Milk, 1% Gal 6 or 8 oz. 1 CUP Milk, Whole Gal. 1 CUP</p>	<p><b>6</b> Sloppy Joe DC 2 OZ Veg Corn whole kern 1/2 Cup Bread Wheat Hamb Bun WGR 1ea 1 EA Fruit Banana Petite 1 ea 1 EA Milk, 1% Gal 6 or 8 oz. 1 CUP Milk, Whole Gal. 1 CUP</p>	<p><b>7</b> Bread Whole Wheat Waffle 1 ea 2 EA Sausage breakfast(turkey) 1.5 oz 1 EA Potato Homefries DC 4 OZ Syrup Pc's 1 EA Fruit Applesauce 1/2 c 1/2 CUP Milk, 1% Gal 6 or 8 oz. 1 CUP Milk, Whole Gal. 1 CUP</p>	<p><b>8</b> Sand Turkey Sliced for DC/Sch. 2 OZ Veg Carrots (Steamed) 1/2 c. 1/2 CUP Bread Wheat 2 sl WGR 2 Slice Fruit Fresh Apple 1 ea 1 EA Milk, 1% Gal 6 or 8 oz. 1 CUP Milk, Whole Gal. 1 CUP</p>
<p><b>11</b> Fish Sticks CN 3 ea 3 EA Veg Peas 1/2 Cup Sauce Tartar PC's 1 EA Bread Whole Wheat WGR 1 sl 1 Slice Fruit Mandarin Oranges 1/2 c 1/2 Cup Milk, 1% Gal 6 or 8 oz. 1 CUP Milk, Whole Gal. 1 CUP</p>	<p><b>12</b> Turkey Burger 1ea 1 EA Beans Baked Vegetarian 1/2 CUP Bread Wheat Hamb Bun WGR 1ea 1 EA Fruit Fresh Apple 1 ea 1 EA Milk, 1% Gal 6 or 8 oz. 1 CUP Milk, Whole Gal. 1 CUP</p>	<p><b>13</b> Beef Meatball Sub (6)1/2oz 4 EA Salad Tossed 1 CUP Bread Wheat Hot Dog WGR 1 ea 1 EA Fruit Banana Petite 1 ea 1 EA Milk, 1% Gal 6 or 8 oz. 1 CUP Milk, Whole Gal. 1 CUP</p>	<p><b>14</b> Chicken Pulled 3 OZ Potatoes Mashed Sweet 1/2 CUP Bread Wheat Hamb Bun WGR 1ea 1 EA Fruit Peaches 1/2c 1/2 Cup Milk, 1% Gal 6 or 8 oz. 1 CUP Milk, Whole Gal. 1 CUP</p>	<p><b>15</b> Ham Turkey 2 OZ Salad Potato DC 1/2 CUP Bread Wheat 2 sl WGR 2 Slice Fruit Fresh Apple 1 ea 1 EA Milk, 1% Gal 6 or 8 oz. 1 CUP Milk, Whole Gal. 1 CUP</p>
<p><b>18</b> Chicken Patty Breaded CN 1 ea 1 EA Veg Broccoli 1/2 Cup Bread Wheat Hamb Bun WGR 1ea 1 EA Fruit Pineapple 1/2c 1/2 Cup Milk, 1% Gal 6 or 8 oz. 1 CUP Milk, Whole Gal. 1 CUP</p>	<p><b>19</b> Beef MeatLoaf Dc 3.2 OZ Gravy Vegetable 2 OZ Potatoes Mashed 1/2 Cup Bread Whole Wheat Roll WGR 1 ea 1 EA Fruit Banana Petite 1 ea 1 EA Milk, 1% Gal 6 or 8 oz. 1 CUP Milk, Whole Gal. 1 CUP</p>	<p><b>20</b> Entree Lasagna DC 1 Peice Salad Tossed 1 CUP Bread Whole Wheat Roll WGR 1 ea 1 EA Fruit Orange 1 ea 1 EA Milk, 1% Gal 6 or 8 oz. 1 CUP Milk, Whole Gal. 1 CUP</p>	<p><b>21</b> Beef Taco Meat Sr. 2 OZ Cheese Shredded for Tacos .5 OZ Sauce Salsa DC 1 OZ Veg Corn whole kern 1/2 Cup Wheat soft shell Taco 1 EA Fruit Mixed Fruit Cocktail 1/2 c 1/2 Cup Milk, 1% Gal 6 or 8 oz. 1 CUP Milk, Whole Gal. 1 CUP</p>	<p><b>22</b> Sand Beef Bologna (for sandwich) 2 OZ Veg Cauliflower 1/2 CUP Bread Wheat 2 sl WGR 2 Slice Fruit Orange 1 ea 1 EA Milk, 1% Gal 6 or 8 oz. 1 CUP Milk, Whole Gal. 1 CUP</p>
<p><b>25</b> Chicken Fingers 3 OZ Veg Beans Green (Steamed) 1/2 CUP Sauce BBQ Pc 1 EA Bread Whole Wheat Roll WGR 1 ea 1 EA Fruit Mandarin Oranges 1/2 c 1/2 Cup Milk, 1% Gal 6 or 8 oz. 1 CUP Milk, Whole Gal. 1 CUP</p>	<p><b>26</b> Macaroni &amp; Cheese 6 OZ Veg Broccoli 1/2 Cup Bread Whole Wheat WGR 1 sl 1 Slice Fruit Fresh Apple 1 ea 1 EA Milk, 1% Gal 6 or 8 oz. 1 CUP Milk, Whole Gal. 1 CUP</p>	<p><b>27</b> Beef Hamburgers 1 EA Beans Baked Vegetarian 1/2 CUP Bread Wheat Hamb Bun WGR 1ea 1 EA Fruit Orange 1 ea 1 EA Milk, 1% Gal 6 or 8 oz. 1 CUP Milk, Whole Gal. 1 CUP</p>	<p><b>28</b> Chicken Breast BBQ DC CN 1 EA Potatoes Mashed Sweet 1/2 CUP Bread Muffin Corn 1 EA Fruit Banana Petite 1 ea 1 EA Milk, 1% Gal 6 or 8 oz. 1 CUP Milk, Whole Gal. 1 CUP</p>	<p><b>29</b> Sand Turkey Sliced for DC/Sch. 2 OZ Veg Carrots (Steamed) 1/2 c. 1/2 CUP Bread Wheat 2 sl WGR 2 Slice Fruit Tropical Fruit 1/2 c 1/2 CUP Milk, 1% Gal 6 or 8 oz. 1 CUP Milk, Whole Gal. 1 CUP</p>